

## **PRODUCT MONOGRAPH**

### **NITROGLYCERIN IN 5% DEXTROSE INJECTION**

25 mg Nitroglycerin in 5% Dextrose Inj. 250mL

50 mg Nitroglycerin in 5% Dextrose Inj. 250mL

100 mg Nitroglycerin in 5% Dextrose Inj. 250mL

Professed Standard

### **VASODILATOR**

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### **VASODILATOR**

#### **Actions and Clinical Pharmacology**

The principal pharmacological action of Nitroglycerin in 5% Dextrose Injection is relaxation of vascular smooth muscle and consequent dilation of peripheral arteries and veins, especially the latter. Nitrates probably act primarily by reducing oxygen demand rather than by increasing myocardial oxygen supply. Dilation of the veins promotes peripheral pooling of blood and decreases venous return to the heart, thereby reducing left ventricular end-diastolic pressure and pulmonary capillary wedge pressure (preload). Arteriolar relaxation reduces systemic vascular resistance, systolic arterial pressure, and mean arterial pressure (afterload). Dilation of the coronary arteries also occurs. The relative importance of preload reduction, afterload reduction, and coronary dilation remains undefined.

Blinded, placebo-controlled trials of intravenous nitroglycerin have not been reported, but multiple investigators have reported open-label studies, and there are scattered reports of studies in which intravenous nitroglycerin was tested in blinded fashion against sodium nitroprusside.

In each of these studies, therapeutic doses of intravenous nitroglycerin were found to reduce systolic and diastolic arterial blood pressure. The heart rate was usually increased, presumably as a reflexive response to the fall in blood pressure. Coronary perfusion pressure was usually, but not always, maintained.

Intravenous nitroglycerin reduced central venous pressure (CVP), right arterial pressure (RAP), pulmonary arterial pressure (PAP), pulmonary-capillary wedge pressure (PCWP), pulmonary vascular resistance (PVR), and systemic vascular resistance (SVR). When these parameters were elevated, reducing them toward normal usually caused a rise in cardiac output. Conversely, intravenous nitroglycerin usually *reduced* cardiac output when it was given to patients whose CVP, RAP, PAP, PCWP, PVR, and SVR were all normal.

Dosing regimens for most chronically used drugs are designed to provide plasma concentrations that are continuously greater than a minimally effective concentration. This strategy is inappropriate for organic nitrates. Several well-controlled clinical trials have used exercise testing to assess the anti-anginal efficacy of continuously-delivered nitrates. In the large majority of these trials, active agents were indistinguishable from placebo after 24 hours (or less) of continuous therapy. Attempts to overcome nitrate tolerance by dose escalation, even to doses far in excess of those used acutely, have consistently failed. Only after nitrates have been absent from the body for several hours has their anti-anginal efficacy been restored.

To avoid development of tolerance to nitroglycerin, drug free intervals of 10-12 hours are known to be sufficient; shorter intervals have not been well studied. In one well-controlled clinical trial, subjects receiving nitroglycerin appeared to exhibit a rebound or withdrawal effect, so that their exercise tolerance at the end of the daily drug-free interval was less than that exhibited by the parallel group receiving placebo. Most clinical trials of intravenous nitroglycerin have been brief and have typically followed hemodynamic parameters during a single surgical procedure. In one careful study, one of the few that lasted more than a few hours, continuous intravenous nitroglycerin had lost almost all of its hemodynamic effect after 48 hours. In the same study, patients who received nitroglycerin infusions for only 12 hours out of each 24 demonstrated no similar attenuation of effect. These results are consistent with those seen in multiple large, double-blind, placebo-controlled trials of other formulations of nitroglycerin and other nitrates.

**Pharmacokinetics:** The volume of distribution of nitroglycerin is about 3 L/kg, and nitroglycerin is cleared from this volume at extremely rapid rates, with a resulting serum half-life of about 1 - 4 minutes. The observed clearance rates (close to 1 L/kg/min) greatly exceed hepatic blood flow. Known sites of extrahepatic metabolism include red blood cells and vascular walls.

The first products in the metabolism of nitroglycerin are inorganic nitrate and the 1,2- and 1,3-dinitroglycerols. The dinitrates are less effective vasodilators than nitroglycerin, but are longer lived in the serum, and their net contribution to the overall effect of chronic nitroglycerin regimens is not known. Nitroglycerin is excreted by the renal route primarily as the 2 dinitrometabolites, which have excretion half-lives of approximately 3 to 4 hours.

### **Indications and Clinical Use**

Nitroglycerin in 5% Dextrose Injection is indicated for:

- control of blood pressure in perioperative hypertension, i.e. hypertension associated with surgical procedures, especially cardiovascular procedures (hypertension seen during

intratracheal intubation, anesthesia, skin incision, sternotomy, cardiac bypass) and in the immediate post surgical period;

- control of congestive heart failure in the setting of acute myocardial infarction;
- treatment of angina pectoris in patients who have not responded to conventional antianginal agents;
- induction of controlled hypotension during surgery.

## **Contraindications**

Nitroglycerin in 5% Dextrose Injection should NOT be administered to individuals who:

- have a known hypersensitivity to Nitroglycerin in 5% Dextrose Injection or a known idiosyncratic reaction to organic nitrates;
- are taking any form of phosphodiesterase inhibitors, such as sildenafil, tadalafil, or vardenafil. Concomitant use can cause life-threatening hypotension, syncope, or myocardial ischemia;
- are taking the soluble guanylate cyclase stimulator riociguat. Concomitant use can cause hypotension;
- have hypotension or uncorrected hypovolemia, as the use of Nitroglycerin in 5% Dextrose Injection in such states could produce severe hypotension or shock;
- have increased intracranial pressure, for example head trauma or cerebral hemorrhage;
- have constrictive pericarditis or pericardial tamponade.

Solutions containing dextrose are contraindicated in patients with:

- known allergy to corn or corn products
- hyperglycemia

## **Warnings**

### **Infusion Set and Filter Used**

Nitroglycerin readily migrates into many plastics, including the polyvinyl chloride (PVC) plastics commonly used for intravenous administration sets. Use of PVC tubing in infusion sets may lead to loss of active ingredient due to adsorption of nitroglycerin to PVC, therefore dosage is affected (see Dosage and Administration). Nitroglycerin adsorption by PVC tubing is increased when the tubing is long, the flow rates are low, and the nitroglycerin concentration of the solution is high. The delivered fraction of the solution's original nitroglycerin content has been 40 - 80% when using PVC tubing. The fraction varies with time during a single infusion, and no simple correction factor can be used. PVC tubing has been used in most published studies of intravenous nitroglycerin, but the reported doses have been calculated by simply multiplying the flow rate of the solution by the solution's original concentration of nitroglycerin. **THE ACTUAL DOSES DELIVERED HAVE BEEN LESS, SOMETIMES MUCH LESS, THAN THOSE**

**REPORTED.** Relatively non-adsorptive intravenous administration sets are available. **IF INTRAVENOUS NITROGLYCERIN IS ADMINISTERED THROUGH NON-ADSORPTIVE TUBING, DOSES BASED UPON PUBLISHED REPORTS WILL GENERALLY BE TOO HIGH.** Some in-line intravenous filters also adsorb nitroglycerin and these should be avoided.

### **Fluid Overload**

The intravenous administration of solutions may cause fluid overload resulting in dilution of serum electrolyte concentrations, overhydration and congested states of pulmonary edema. The risk of dilutional states is inversely proportional to the electrolyte concentrations of the injections. The risk of solute overload causing congested states with peripheral and pulmonary edema is directly proportional to the electrolyte concentration of the injections.

### **Fructose**

This product may contain fructose as an impurity in the dextrose material. Exercise caution when this product is used in patients with hereditary fructose intolerance. In these patients, fructose may result in hypoglycemia, metabolic acidosis, liver toxicity which manifests as vomiting, nausea, sweating, jaundice, hemorrhage, seizures or coma or even death. The severity of the reactions is dependent on the amount and duration of fructose intake.

### **Hyperglycemia**

Rapid administration of dextrose solutions may produce substantial hyperglycemia which may result in or contribute to electrolyte losses, dehydration and hypovolemia due to osmotic diuresis and hyperosmolar syndrome. At certain clinical conditions it also may increase the risk of hyposmotic hyponatremia by shifting of intracellular water to extracellular space. Use with caution in critically ill patients in whom hyperglycemia commonly occurs due to diabetes, impaired glucose intolerance, impaired fasting glucose, or is stress-induced. Hyperglycemia may increase the risk of cardiac complications, infection, systemic sepsis, acute renal failure and even death in certain clinical conditions, especially in acute stress conditions. In order to avoid hyperglycemia the infusion rate should not exceed the patient's ability to utilize glucose. To reduce the risk of hyperglycemia-associated complications, the infusion rate must be adjusted and/or insulin administered if blood glucose levels exceed levels considered acceptable for the individual patient.

### **Hypersensitivity Reactions**

Solutions containing dextrose should be used with caution in patients with known allergy to corn or corn products. The infusion must be stopped immediately if any signs or symptoms of a suspected hypersensitivity reaction develop. Appropriate therapeutic countermeasures must be instituted as clinically indicated.

## **Precautions**

### **Hypotension and Shock**

Severe hypotension and shock may occur with even small doses of nitroglycerin. This drug should be used with caution in patients who may be volume depleted or who are already hypotensive. Hypotension induced by nitroglycerin may be accompanied by paradoxical bradycardia and increased angina pectoris.

### **Hypertrophic Cardiomyopathy**

Nitrate therapy may aggravate the angina caused by hypertrophic cardiomyopathy.

### **Tolerance**

Development of tolerance and occurrence of cross tolerance to other nitro compounds has been reported. As tolerance to other forms of nitroglycerin develops, the effect of sublingual nitroglycerin on exercise tolerance, although still observable, is somewhat blunted. Chest pain, acute myocardial infarction, and even sudden death have occurred during temporary withdrawal of nitrates demonstrating the existence of true physical dependence.

Some clinical trials in angina patients have provided nitroglycerin for about 12 continuous hours of every 24-hour day. During the nitrate-free intervals in some of these trials, anginal attacks have been more easily provoked than before treatment, and patients have demonstrated hemodynamic rebound and decreased exercise tolerance. The importance of these observations to the routine, clinical use of intravenous nitroglycerin is not known.

### **Intracoronary Injection**

Intracoronary injection of Nitroglycerin in 5% Dextrose Injection has not been studied.

### **Diabetes Mellitus**

Solutions containing dextrose should be used with caution in patients with known subclinical or overt diabetes mellitus.

### **Blood Products**

Solutions containing dextrose without electrolytes should not be administered through the same intravenous administration set as blood products, such as whole blood, and packed red blood cells, as this may result in pseudo-agglutination or hemolysis.

### **Use in the Elderly**

When selecting the type of infusion solution and the volume/rate of infusion for a geriatric patient, consider that geriatric patients are generally more likely to have cardiac, renal, hepatic, and other diseases or concomitant drug therapy.

## **Laboratory Tests**

Because of the propylene glycol content of intravenous nitroglycerin, serum triglyceride assays that rely on glycerol oxidase may give falsely elevated results in patients receiving this medication.

## **Pregnancy**

Animal reproduction studies have not been conducted with nitroglycerin. It is also not known whether nitroglycerin can cause fetal harm when administered to a pregnant woman or whether it can affect reproductive capacity. Nitroglycerin should be given to a pregnant woman only if clearly needed.

## **Lactation**

It is not known whether nitroglycerin is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when nitroglycerin is administered to a nursing woman.

## **Pediatric Use**

Safety and effectiveness in children have not been established.

## **Drug Interactions**

**Administration of Nitroglycerin in 5% Dextrose Injection through the same infusion set as blood can result in pseudoagglutination and hemolysis. More generally, Nitroglycerin in 5% Dextrose Injection should not be mixed with any other medication of any kind.**

**Phosphodiesterase inhibitors:** Concomitant use of Nitroglycerin in 5% Dextrose Injection with phosphodiesterase inhibitors (e.g. sildenafil, tadalafil, or vardenafil) can potentiate the hypotensive effects (see **Contraindications**).

**Soluble guanylate cyclase stimulator:** Concomitant use of Nitroglycerin in 5% Dextrose Injection with riociguat, a soluble guanylate cyclase stimulator, can cause hypotension (see **Contraindications**).

**Antihypertensive drugs:** Concomitant use of nitroglycerin and other vasodilating antihypertensives (e.g., beta-blockers, calcium channel blockers and tricyclic antidepressants) may cause increased hypotensive effects.

**Tricyclic Antidepressants:** Nitroglycerin may potentiate the hypotensive effects of tricyclic antidepressants.

**Anticoagulants:** Intravenous nitroglycerin at higher dosages may interfere with the anticoagulant effect of heparin. Intravenous nitroglycerin can induce heparin resistance. In

patients receiving intravenous nitroglycerin, concomitant heparin therapy should be guided by frequent measurement of the activated partial thromboplastin time.

### **Adverse Reactions**

Adverse reactions to nitroglycerin are generally dose-related and almost all of these reactions are the result of nitroglycerin's activity as a vasodilator. Headache, which may be severe, is the most commonly reported side effect. Headache may be recurrent with each daily dose, especially at higher doses. Transient episodes of lightheadedness, occasionally related to blood pressure changes, may also occur. Hypotension occurs infrequently, but in some patients it may be severe enough to warrant discontinuation of therapy. Syncope, crescendo angina, and rebound hypertension have been reported but are uncommon.

Extremely rarely, ordinary doses of organic nitrates have caused methemoglobinemia in apparently normal patients. Further discussion is listed under '**Overdosage**'.

Data are not available to allow estimation of the frequency of adverse reactions during treatment with Nitroglycerin in 5% Dextrose Injection.

### **Post-marketing Adverse Reactions**

The following adverse reactions have been reported in the post-marketing experience listed by MedDRA System Organ Class (SOC), then by Preferred Term in order of severity, where feasible.

- **NERVOUS SYSTEM DISORDERS:** Headache
- **VASCULAR DISORDERS:** Hypotension (severe)
- **CARDIAC DISORDERS:** Cardiac arrest
- **RESPIRATORY, THORACIC AND MEDIASTINAL DISORDERS:** Dyspnea
- **INVESTIGATIONS:** Blood pressure decreased

### **Other (Class) Reactions**

- **IMMUNE SYSTEM DISORDERS:** Hypersensitivity
- **BLOOD AND LYMPHATIC SYSTEM DISORDERS:** Methemoglobinemia
- **VASCULAR DISORDERS:** Syncope

### **Symptoms and Treatment of Overdosage**

Signs and symptoms of overdose generally reflect the mechanism of action of nitroglycerin (see **Adverse Reactions**). There is no specific antidote for overdose of nitroglycerin. The risk of overdose can be minimized by close monitoring during treatment.

**Hemodynamic Effects:** The noxious effects of nitroglycerin overdose are generally the results of nitroglycerin's capacity to induce vasodilation, venous pooling, reduced cardiac output, and



hypotension. These hemodynamic changes may have protean manifestations, including increased intracranial pressure, with any or all of persistent throbbing headache, confusion, and moderate fever; vertigo; palpitations; visual disturbances; nausea and vomiting (possibly with colic and even bloody diarrhea); syncope (especially in the upright posture); air hunger and dyspnea, later followed by reduced ventilatory effort; diaphoresis with the skin either flushed or cold and clammy; heart block and bradycardia; paralysis; coma; seizures; and death.

Laboratory determinations of serum levels of nitroglycerin and its metabolites are not widely available, and such determinations have, in any event, no established role in the management of nitroglycerin overdose.

No data are available to suggest physiological maneuvers (e.g. maneuvers to change the pH of the urine) that might accelerate elimination of nitroglycerin and its active metabolites. Similarly, it is not known which, if any, of these substances can usefully be removed from the body by hemodialysis.

No specific antagonist to the vasodilator effects of nitroglycerin is known, and no intervention has been subject to controlled study as a therapy of nitroglycerin overdose. Because the hypotension associated with nitroglycerin overdose is the result of venodilatation and arterial hypovolemia, prudent therapy in this situation should be directed toward increase in central fluid volume. Passive elevation of the patient's legs may be sufficient, but intravenous infusion of normal saline or similar fluid may also be necessary. The use of epinephrine or other arterial vasoconstrictors in this setting is likely to do more harm than good.

In patients with renal disease or congestive heart failure, therapy resulting in central volume expansion is not without hazard. Treatment of nitroglycerin overdose in these patients may be subtle and difficult, and invasive monitoring may be required.

**Methemoglobinemia:** Use of nitroglycerin has been associated with methemoglobinemia as nitrate ions liberated during metabolism of organic nitrates can oxidize hemoglobin into methemoglobin. Even in patients totally without cytochrome b<sub>5</sub> reductase activity, however, and even assuming that the nitrate moieties of nitroglycerin are quantitatively applied to oxidation of hemoglobin, about 1 mg/kg of nitroglycerin should be required before any of these patients manifests clinically significant ( $\geq 10\%$ ) methemoglobinemia. In patients with normal reductase function, significant productions of methemoglobin should require even larger doses of nitroglycerin. In one study in which 36 patients received 2 - 4 weeks of continuous nitroglycerin therapy at 3.1 to 4.4 mg/hr, the average methemoglobin level measured was 0.2%. This was comparable to that observed in parallel patients who received placebo.

Notwithstanding these observations there are case reports of significant methemoglobinemia in association with moderate overdoses of organic nitrates. None of the affected patients had been thought to be unusually susceptible.

Methemoglobin levels are available from most clinical laboratories. The diagnosis should be suspected in patients who exhibit signs of impaired oxygen delivery despite adequate cardiac

output and adequate arterial pO<sub>2</sub>. Classically, methemoglobinemic blood is described as chocolate brown, without colour change on exposure to air.

Treatment of nitrate-induced methemoglobinemia consists of discontinuing the medication and when necessary, administering 1mg/kg of intravenous methylene blue.

In the event of an overdose, the use of epinephrine or other arterial vasoconstrictors may be harmful.

### **Dosage and Administration**

Nitroglycerin in 5% Dextrose Injection is intended for intravenous infusion only using sterile equipment. It should be administered only via an infusion pump that can maintain a constant infusion rate. A container which has lost its vacuum, or one in which particulate matter is visible, should not be used.

**Dosage must be determined by individual patient requirements and patient response. Patient response should be based on blood pressure effects, as well as possible adverse events observed.**

DOSAGE IS AFFECTED BY THE TYPE OF INFUSION SET USED (see **Warnings**). Although the usual adult starting dose in published studies has been 25 mcg/min or more, these studies used PVC tubing, so the delivered doses were less than those reported. WHEN NON-ADSORPTIVE TUBING IS USED, DOSES MUST BE REDUCED. When using non-adsorptive tubing, the dose necessary to achieve a given response will vary greatly from patient to patient. Patients with normal or low left-ventricular filling pressure (e.g., patients with uncomplicated angina pectoris) may respond fully to as little as 5 mcg/min, while other patients may require a dose that is one or even two orders of magnitude higher.

**When using non-adsorptive tubing**, the initial adult dosage of Nitroglycerin in 5% Dextrose Injection should be 5 mcg/min. Subsequent titration must be guided by the clinical results, with dose increments becoming more cautious as partial response is seen. Initial titration should be in 5 mcg/min increments at intervals of 3 to 5 minutes. If no response is seen at 20 mcg/min, increments of 10 and even 20 mcg/min can be used. Once some hemodynamic response is observed, dosage increments should be smaller and less frequent.

When the concentration is changed, the tubing must be disconnected from the patient and flushed with the new solution before therapy is continued. If this precaution is not taken, then depending upon the tubing, pump, and flow rate used, it might be several hours before nitroglycerin is delivered at the desired rate.

**Continuous monitoring of blood pressure and heart rate is necessary in all patients receiving this medication**; in many cases, invasive monitoring of pulmonary capillary wedge pressure will also be indicated.

Lower concentrations of Nitroglycerin in 5% Dextrose Injection increase the potential precision of dosing, but these concentrations increase the total fluid volume that must be delivered to the patient. Total fluid load may be a dominant consideration in patients with compromised function of the heart, liver, and/or kidneys. The necessary flow rates to achieve various dose rates with the available concentrations are shown in Tables 1 and 2 (see Availability of Dosage Forms).

Parenteral drug products should be inspected visually for particulate matter and discoloration prior to administration, whenever solution and container permit. Do not administer unless the solution is clear and the seal is intact.

**Do not add any concomitant medication to Nitroglycerin in 5% Dextrose Injection.**

Discard any unused portion.

## Pharmaceutical Information

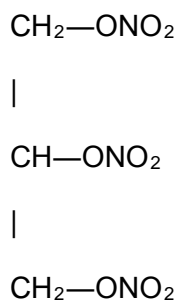
### **Drug Substances:**

#### Nitroglycerin

Proper Name: nitroglycerin

Chemical Name: 1,2,3-propanetriol trinitrate

Structural Formula:



Chemical Formula:  $\text{C}_3\text{H}_5\text{N}_3\text{O}_9$

Molecular Weight: 227.09

Physical Form: pale yellow liquid

Solubility: 1.0g/800 mL  $\text{H}_2\text{O}$ , 1.0g/4g ethanol

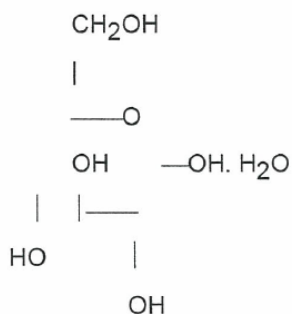
Melting Point: 13.5 °C

#### Dextrose

Proper Name: Dextrose Hydrous, USP

Chemical Name: D-glucopyranose monohydrate

Structural Formula:



Chemical Formula:  $C_6H_{12}O_6 \cdot H_2O$

Molecular Weight: 198.17

Physical Form: crystalline Powder

Solubility: 1.0 g/1.0mL  $H_2O$

Melting Point: 146°C

**Composition:**

Nitroglycerin in 5% Dextrose Injection is a sterile, nonpyrogenic solution of nitroglycerin and dextrose in water for injection. The solution is clear and practically colourless. Each 100 mL contains 10 mg, 20 mg, or 40 mg nitroglycerin (added as Diluted Nitroglycerin, USP with propylene glycol used as a solubilizing excipient); 5 g Dextrose Hydrous, USP; 0.84 mL Alcohol, USP (added as a dissolution aid); and 105 mg Citric Acid Hydrous, USP (added as a buffer). The pH of the solution is adjusted between 3.0 and 5.0 with sodium hydroxide and or hydrochloric acid.

**Stability and Storage Recommendations:**

Store between 15 and 25 degrees C. Protect from light and freezing.

Do not use unless vacuum is present and solution is clear.

**Availability of Dosage Forms:**

Available as 25mg, 50mg or 100mg Nitroglycerin in 5% Dextrose Injection in 250mL glass bottles.

**Table 1**

## Available Concentrations of Each Injection

	<i>Composition</i>			<i>How Supplied</i>		
	Nitroglycerin (mcg/mL)	Dextrose hydrous, USP (g/L)	Osmolarity (mOsmol/L)	pH	Size (mL) & Type	Route of Admin.
25mg Nitroglycerin in 5% Dex.	100	50	428	4.0 (3.0-5.0)	250 glass	I.V.
50mg Nitroglycerin in 5% Dex.	200	50	440	4.0 (3.0-5.0)	250 glass	I.V.
100mg Nitroglycerin in 5% Dex.	400	50	465	4.0 (3.0-5.0)	250 glass	I.V.

Normal physiologic osmolarity range is approximately 280 to 310 mOsmol/L. Administration of substantially hypertonic solutions ( $\geq 600$  mOsmol/L) may cause vein damage.

**Table 2**

## Necessary Flow Rates (mL/hr\*)

Desired Dose (mcg/min)	Initial Solution Concentration (mcg/mL)		
	100	200	400
5	3	1.5	0.8
10	6	3.0	1.5
15	9	4.5	2.3
20	12	6	3
30	18	9	4.5
40	24	12	6
50	30	15	7.5
60	36	18	9
80	48	24	12
100	60	30	15
120	72	36	18
140	84	42	21
160	96	48	24
180	108	54	27
200	120	60	30
240	144	72	36
280	168	84	42
320	192	96	48
500	300	150	75

\*With a set that produces 60 drops/mL, 1 mL/hr = 1 drop/min.

## **Information for the Consumer**

*If you are using Nitroglycerin in 5% Dextrose Injection, you must not take VIAGRA or REVATIO (sildenafil), CIALIS or ADCIRCA (tadalafil), LEVITRA or STAXYN (vardenafil), or ADEMPAS (riociguat). Such combinations can produce severe lowering of blood pressure, loss of consciousness, heart attack or death.*

## **Pharmacology**

The primary pharmacological action of nitroglycerin is its smooth muscle relaxant effect. Therapeutic effectiveness is due to its action on vascular smooth muscle. Response from both the venous and arterial beds is dose related, however, venous effects predominate.

In anaesthetized dogs, the large conductive coronary arteries dilated upon intravenous infusion of nitroglycerin. A similar effect was found in conscious dogs. While there was some effect on the small coronary vessels, marked dilation of the large coronary arteries occurred. Further experiments in anaesthetized dogs have shown a vasodilation of peripheral arteries resulting in a decrease in mean arterial pressure.

In a study of human forearm bloodflow, administration of sublingual nitroglycerin caused a significant decline in venous tone. The result was pooling of blood in the peripheral veins, a decrease in the return of blood to the heart and a mild decrease in systemic arterial pressure. A corresponding fall in the forearm vascular resistance was also observed.

Congestive heart failure patients given intravenous nitroglycerin showed a significant fall in capillary wedge pressure. Cardiac index improved.

**Intracardiac administration.** Rats exhibited one compartment kinetics, average half-life of 4 minutes, and mean apparent volume of distribution of 3 L/kg.

**Intravenous administration.** In normal volunteers, the half life of intravenous nitroglycerin was 2.8 minutes.

Nitroglycerin is rapidly degraded in the liver by the enzyme glutathione-organic nitrate reductase. The process is initiated by a redox reaction. One molecule of nitroglycerin reacts with two of reduced glutathione to release one inorganic nitrate ion from either the 2 or 3 position. This produces 1,3- or 1,2- glyceryl dinitrate and oxidized glutathione.

Elimination - Essentially all metabolites are eliminated in the urine.

## **Toxicology**

Intravenous administration. Rabbits exhibited an LD<sub>50</sub> of 43mg/Kg and guinea pigs an LD<sub>50</sub> of 83.5mg/Kg. Dogs survived doses of 10-30 mg/Kg.

Non-intravenous administration. LD<sub>50</sub>'s ranged from 80 to 500mg/Kg in various animal studies. Death was a result of methemoglobinemia, circulatory collapse and convulsions.

When cats were given 7.5 or 15mg/Kg nitroglycerin injected subcutaneously, they survived fifty daily doses on average. Albuminuria and icterus were noted. At autopsy, hemorrhage of the cerebellum, heart, liver and spleen were observed.

Cats exposed to saturated atmospheres of nitroglycerin for 68 days developed anemia and moderate leukocytosis. Methemoglobinemia, peripheral vasodilation causing a fall in blood pressure, and tolerance developed when exposures were longer than 68 days.

**Carcinogenesis, Mutagenesis, and Impairment of Fertility:** No long-term studies in animals were performed to evaluate the carcinogenic potential of nitroglycerin, and studies have not been performed to evaluate the potential for mutagenicity or impairment of fertility.



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